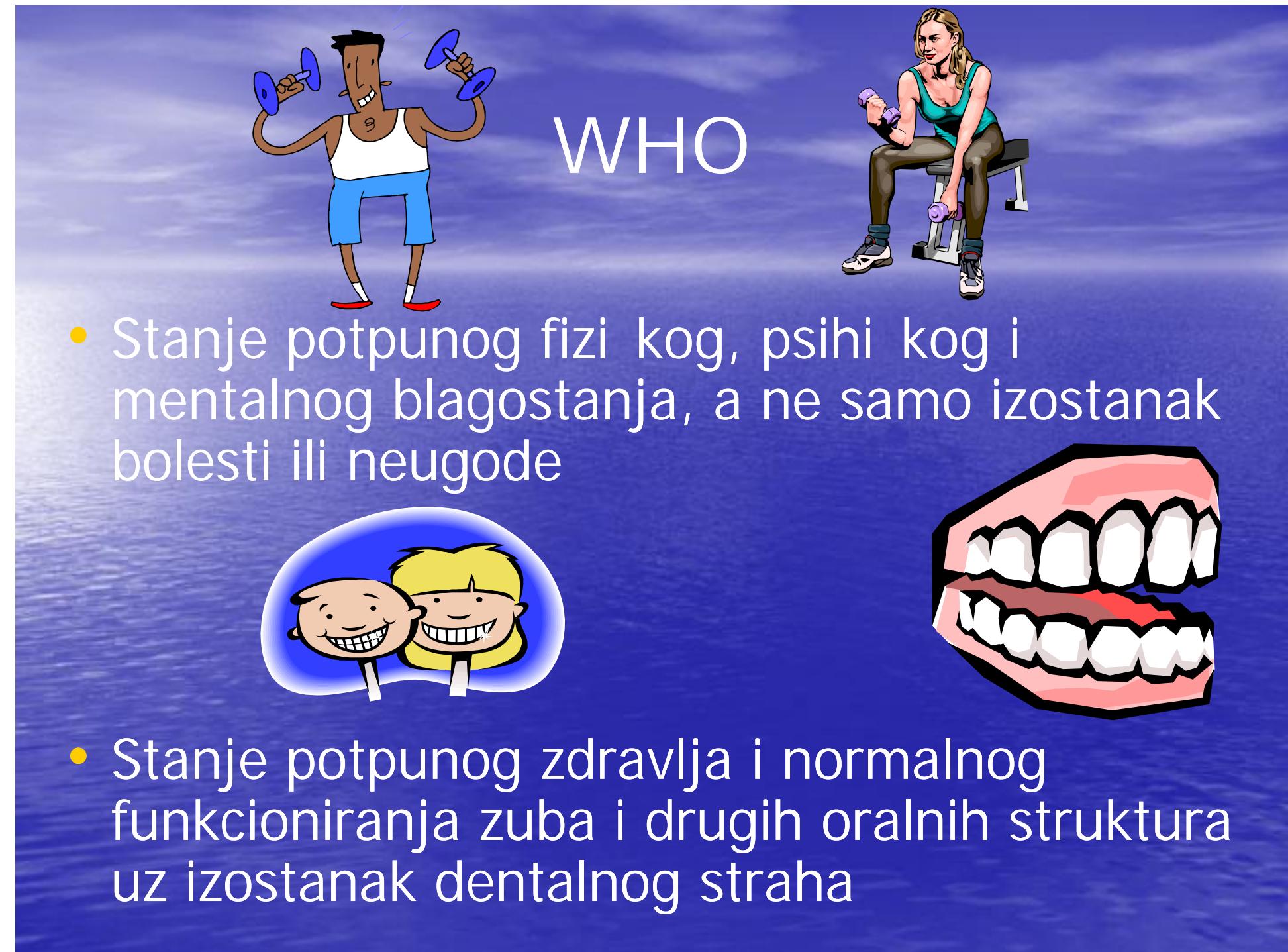


**STOMATOLOŠKI FAKULTET  
SVEUČILIŠTA U ZAGREBU  
Zavod za pedodonciju**

**BOLESTI  
PARODONTA  
U  
DJECIĆE I  
ADOLESCENATA**

**PROF. DR. SC. HRVOJE JURI**

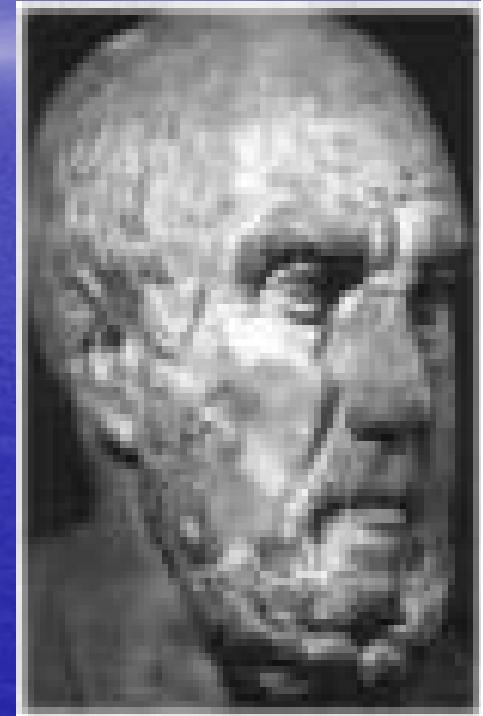




- Stanje potpunog fizičkog, psihičkog i mentalnog blagostanja, a ne samo izostanak bolesti ili neugode
- Stanje potpunog zdravlja i normalnog funkcioniranja zuba i drugih oralnih struktura uz izostanak dentalnog straha

Lijepo je brinuti o  
zdravlju ljudi,

još je ljepše brinuti o  
njihovom dobrom  
stanju.



*HIPOKRAT*  
*460 P.K.*



**Preventiva je nevidljiva!**



Dijagnostika

Preventiva

Terapija

Kozmetika

# Klasični pristup!

# Uspješan?

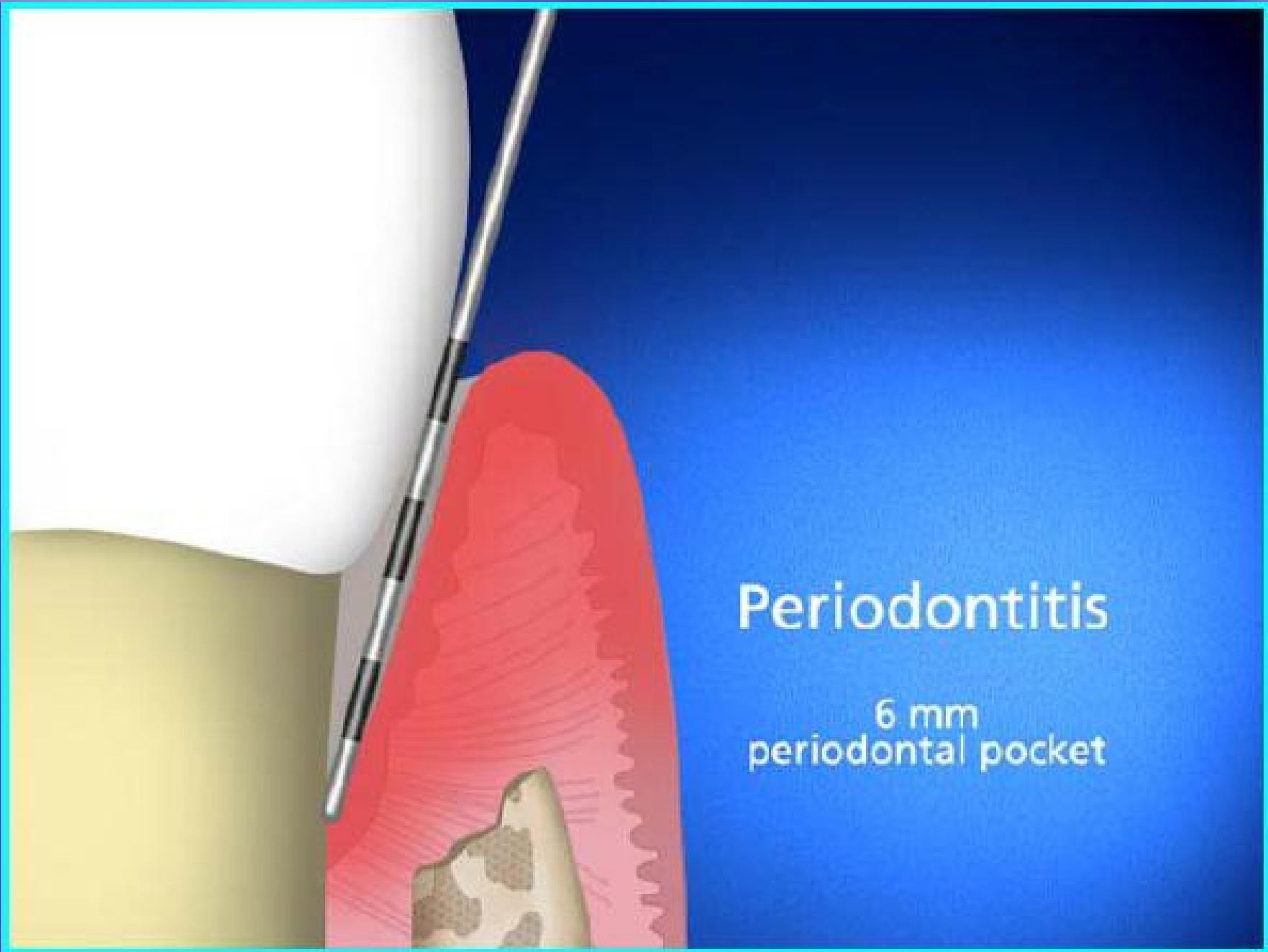


Svrdlo ne lijeći zubni karijes!



Healthy Gum  
Tissue

2-3 mm  
periodontal pocket



# OBOLJENJA PARODONTA

- Glavni etiološki izmenici koji su odgovorni za nastajanje parodontalnih oboljenja su lokalne prirode – najčešći mikroorganizmi dentalnog plaka
- Parodont, kao sastavni dio organizma u tijesnoj je vezi sa mnogim sistemskim oboljenjima i stanjima;
- Sva oboljenja parodonta započinju promjenama na gingivi i to na **INTERDENTALnim PAPILAMA**

# Periodontology for the general practitioner: introduction

BRUCE L. PIHLSTROM

Management of the periodontal diseases is a fundamental part of general dental practice. Indeed, it may be considered the foundation of general practice because unless diseases of the periodontal tissues are controlled, all other dental care will ultimately fail. Most periodontal diseases are chronic and their treatment presents unique challenges to the general dentist. The success or failure of periodontal care depends on a long-term commitment of both the patient and the dentist.

As we enter the early years of the new millennium, people expect to maintain a functional and aesthetically pleasing natural dentition throughout their life in comfort and health. **Dental care in the absence of proper management of the periodontal diseases results in progressive disease and tooth loss.** Moreover, there are indications that chronic inflammatory periodontal disease may be linked to life-threatening systemic diseases such as cardiovascular disease, stroke, pulmonary disease, and low birth weight in infants.

The science of periodontology and its impact on periodontal practice is rapidly changing as new information about the causes, diagnosis and treatment of the periodontal diseases becomes available at an ever-increasing rate. This presents exciting opportunities and challenges for the general practitioner.

Lije enje parodontnih bolesti jedan je od osnovnih dijelova stomatološke prakse

New knowledge and technological advances have vastly increased the ability to help patients maintain a healthy periodontium, but the challenges of maintaining professional knowledge and competency have never been greater.

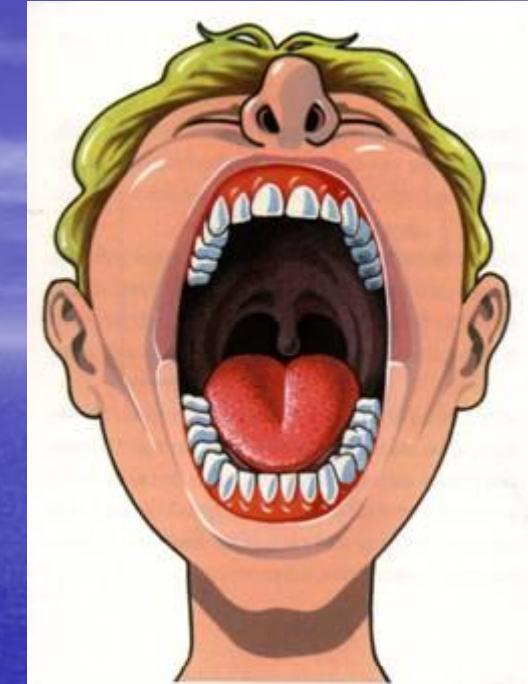
Uspjeh ili neuspjeh parodontološke terapije ovisi o dugotrajnoj suradnji izme u pacijenta i terapeuta

lected to update the practitioner in critical areas of periodontal science and practice that have a direct impact on the general practice of dentistry. These

Dentalna skrb u odsutnosti odgovaraju eg parodontog lije enja dovodi do napredovanja parodontne bolesti i posljedi no gubitka zuba

odontal diseases. Specific chapters have been included on referral of the periodontal patient to the periodontist and the dental-legal considerations of periodontal therapy.

Many thanks are due to each of the authors who contributed chapters for this volume of PERIODONTOLOGY 2000. Each unselfishly contributed their expertise and valuable time in an effort to provide general dentists with the latest knowledge and information regarding the periodontal diseases and their treatment.

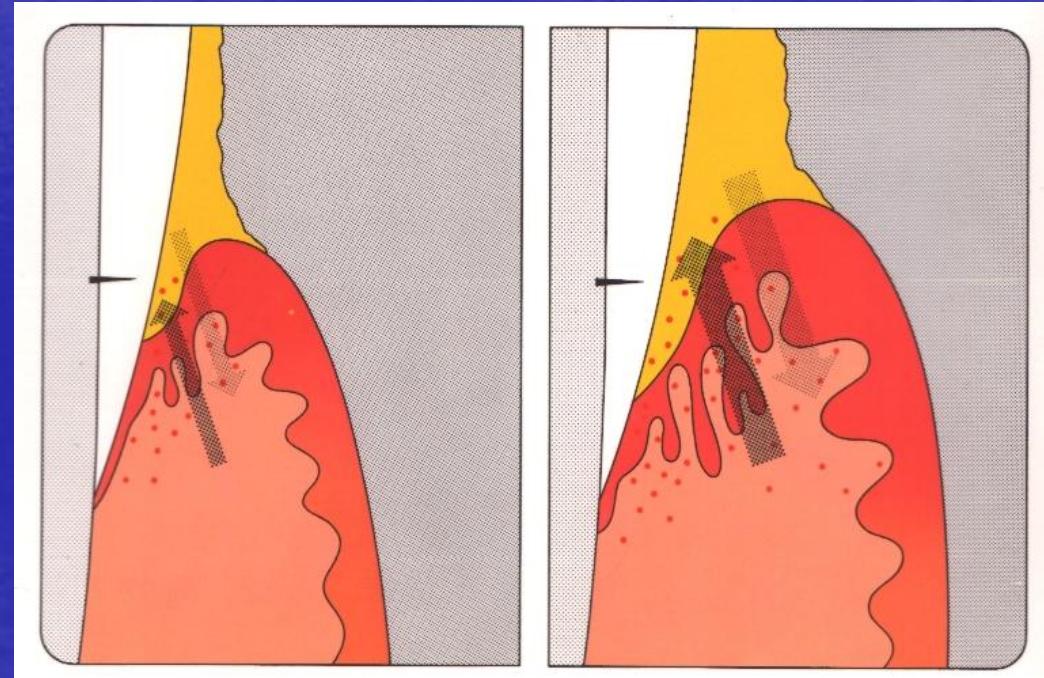


# Sastav dentalnog plaka

- Moore i sur. (1994.) identificiraju 400 različitih vrsta bakterija
- Rosan i Lamont (2000.) prepoznaju oko 500 različitih bakterijskih vrsta

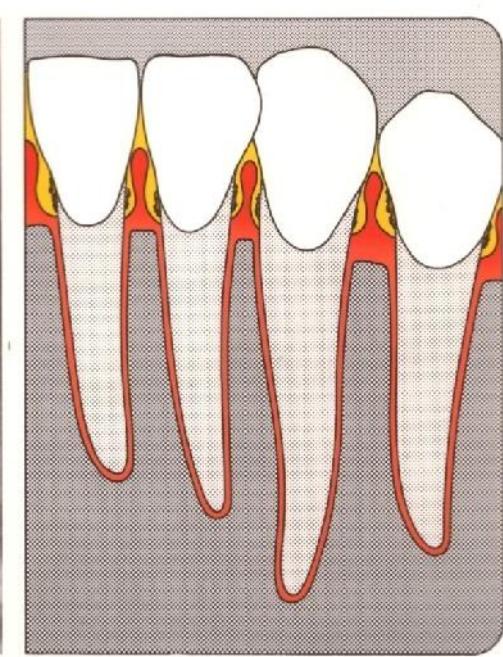
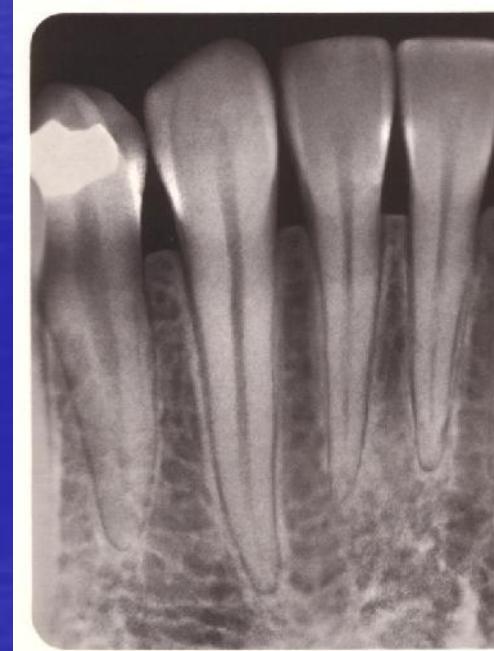


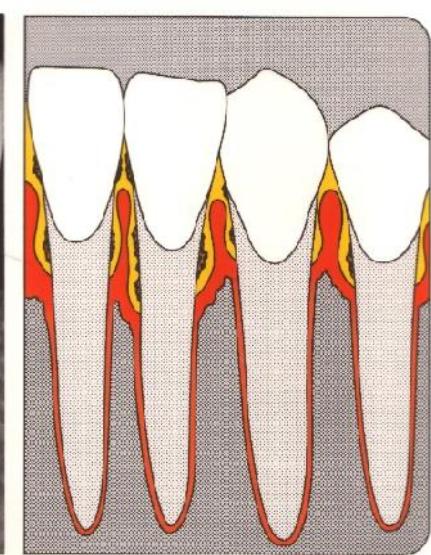
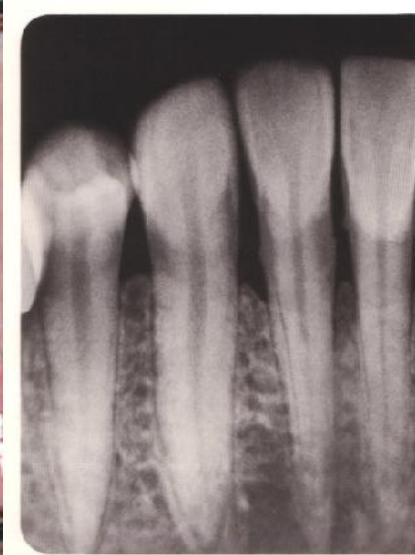
## DENTALNI PLAK





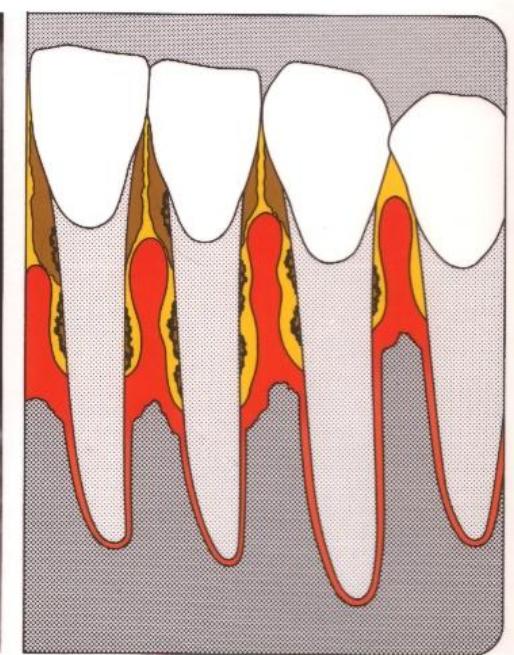
GINGIVITIS

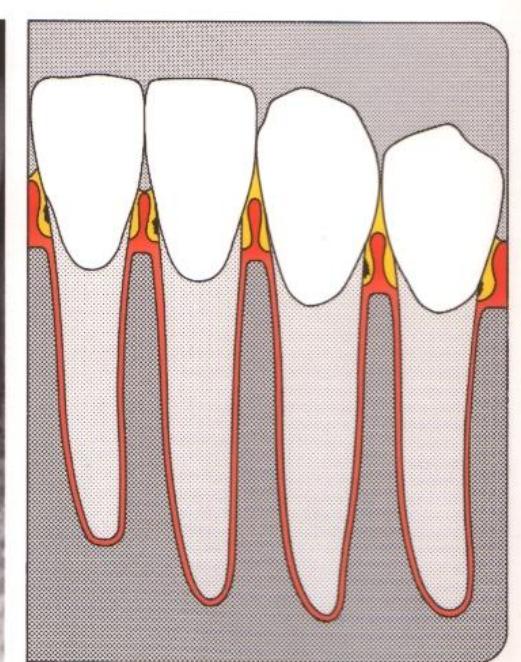






PARODONTITIS

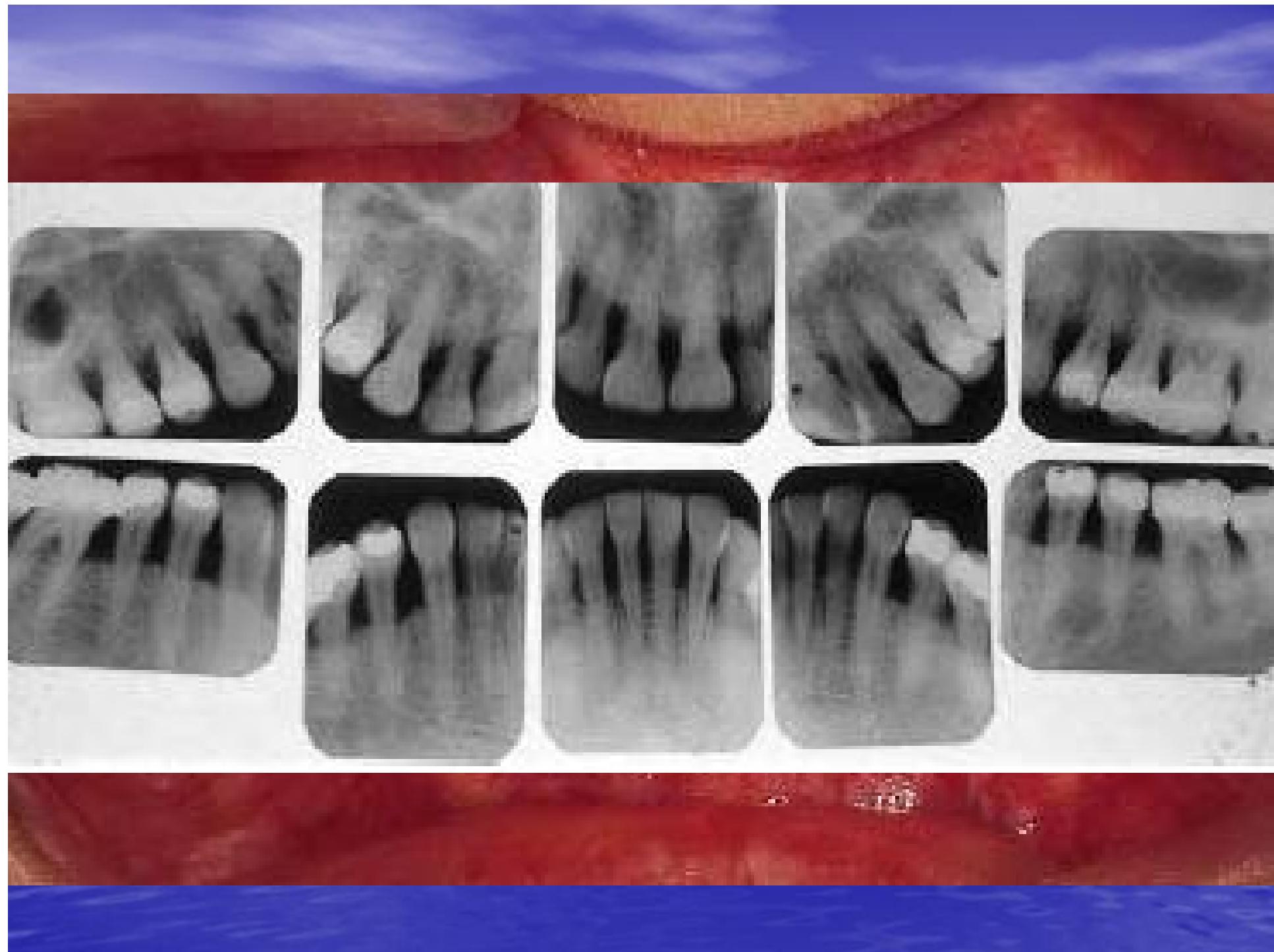






Prepubertetni generalizirani parodontitis







# Podjela bolesti parodonta kod djece i adolescenata

- Gingivitis
- Pojedina ne recesije (10-15%)
- Rani progresivni parodontitis
  - Pretpubertetski parodontitis – lokalizirani
  - Pretpubertetski parodontitis – generalizirani
  - Incidencija 0.5%

# Podjela bolesti parodonta kod djece i adolescenata

- Juvenilni parodontitis – lokalizirani oblik
- Juvenilni parodontitis – generalizirani oblik  
(više od 8 zuba)
  - incidencija 0,1-0,3%

# Modificirajući imbenici

- Supra i subgingivni kamenac
- Pušenje
- Sistemske bolesti  
(Downov sindrom, Diabetes mellitus,  
hipofosfatijaza, histiocitoza-X, Papillon-  
Lefevre sindrom)
- Lijekovi

# Glavna pitanja prevencije:

- Mogu li se patološka zbivanja na parodontu kontrolirati?
- Postoje li preventivne mjere kojima bi se sprijeilo nastajanje oboljenja?
- Da li je moguće zaštititi gingivu tj. parodont od djelovanja lokalnih štetnih agenasa?
- Ako je oboljeli parodont stručno zbrinut na koji se način može sprijeiti remisija i recidiv bolesti?



**PREVENCIJA :**

**PRIMARNA**

**SEKUNDARNA**

**TERCIJARNA**

## **PRIMARNA PREVENCIJA**

- OP A
- SPECIJALNA

*Primarna prevencija podrazumijeva sve mјere kojima se sprječava upalna promjena gingive*

### **MJERE :**

1. ZDRAVSTVENO PROSVJEĆIVANJE
2. MOTIVACIJA U ODRŽAVANJU ORALNE HIGIJENE
3. ODRŽAVANJE ORALNE HIGIJENE
4. PRAVILNA PREHRANA

## **1 - ZDRAVSTVENO PROSVJEĆIVANJE**

- POSEBNO VAŽNO KOD DJECE
- TREBALI BI GA PROVODITI LIJEČNICI, RODITELJI, UČITELJI U ŠKOLAMA I DRUGI
- POTREBNO JE MOTIVIRATI DJECU ZA ODRŽAVANJE ORALNE HIGIJENE

## **2 MOTIVACIJA U ODRŽAVANJU ORALNE HIGIJENE**

- *PODUKA O PRAVILNOJ TEHNICI PRANJA ZUBI,*
- *STVARANJE NAVIKE REDOVITE POSJETE STOMATOLOGU,*
- *EDUKACIJA RODITELJA*



# PROIZVODI ZA NJEGU USTA I NJIHOVA PRIMJENA



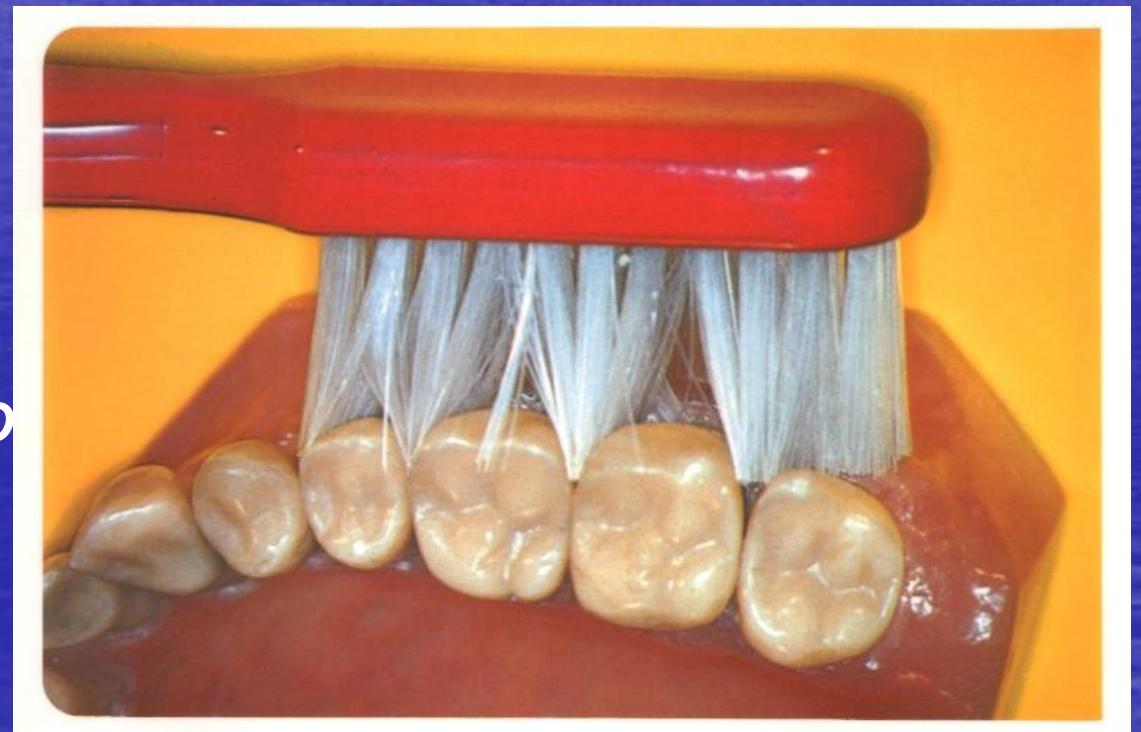


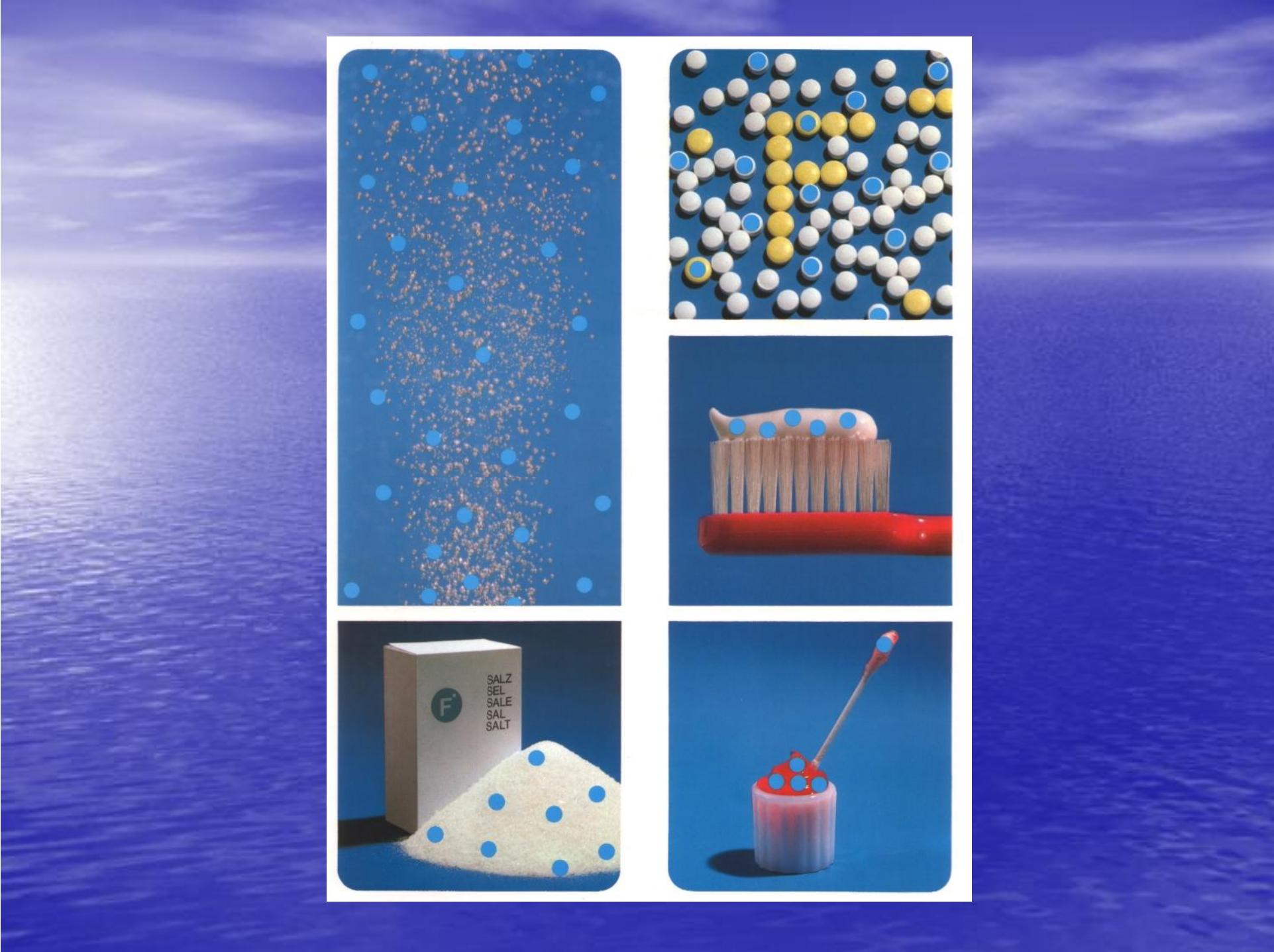
### **3 – ODRŽAVANJE ORALNE HGJENE**

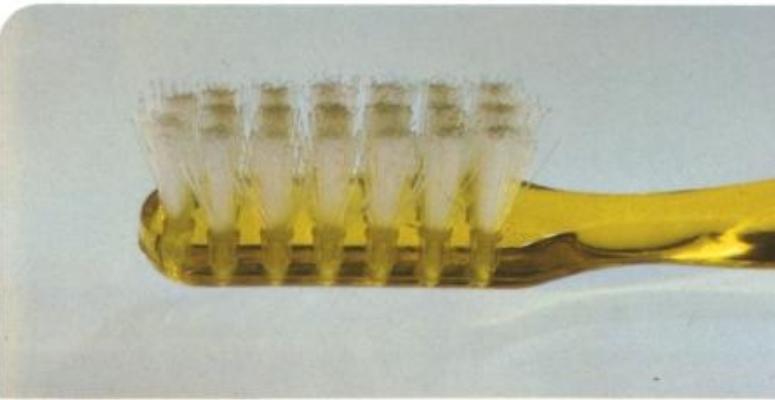
#### ***PRANJE ZUBI***

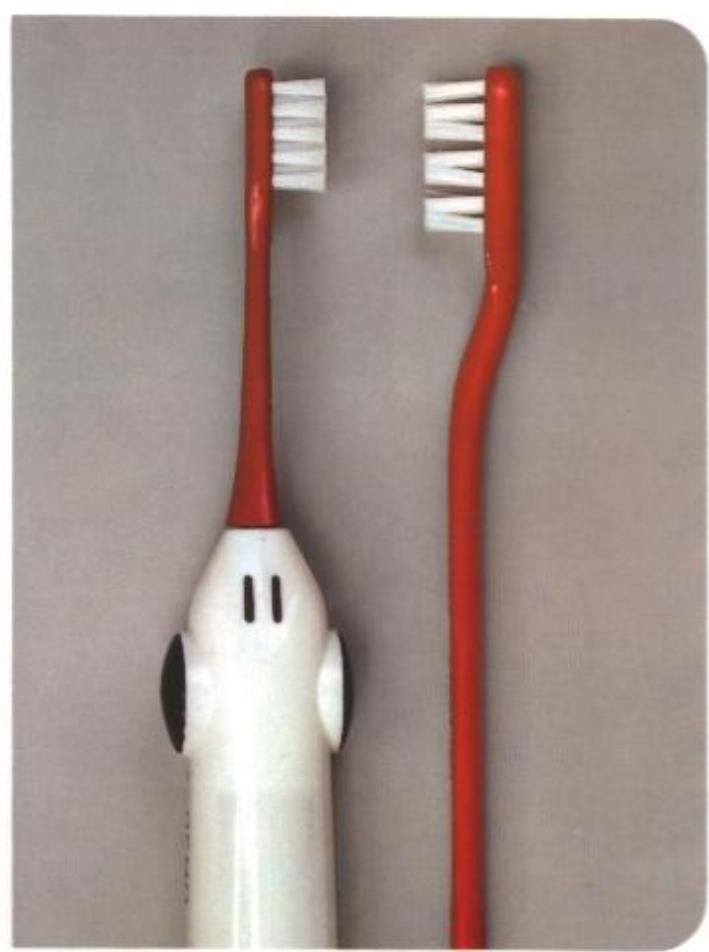
- *PRAVILAN IZBOR ETKICE*
- *PRAVILNA TEHNIKA ETKANJA*

***DA LI JE ORALNA  
HGJENA BITI USPJEŠNA,  
OMSI O PRAVILNOJ  
UPORABI ETKICE, A NE O  
PASTI ZA ZUBE***









# KLORHEKSIDIN GLUKONAT



## **TEHNIKE ETKANJA:**

- vertikalna
- horizontalna
- polukružna
- vibracijska
- cirkularna
- fiziološka i
- ribaju a

**zahtijevaju:** efikasno uklanjanje dentalnog plaka sa svih površina zubi, naročito iz gingivalnih sulkusa i interdentalnih prostora,

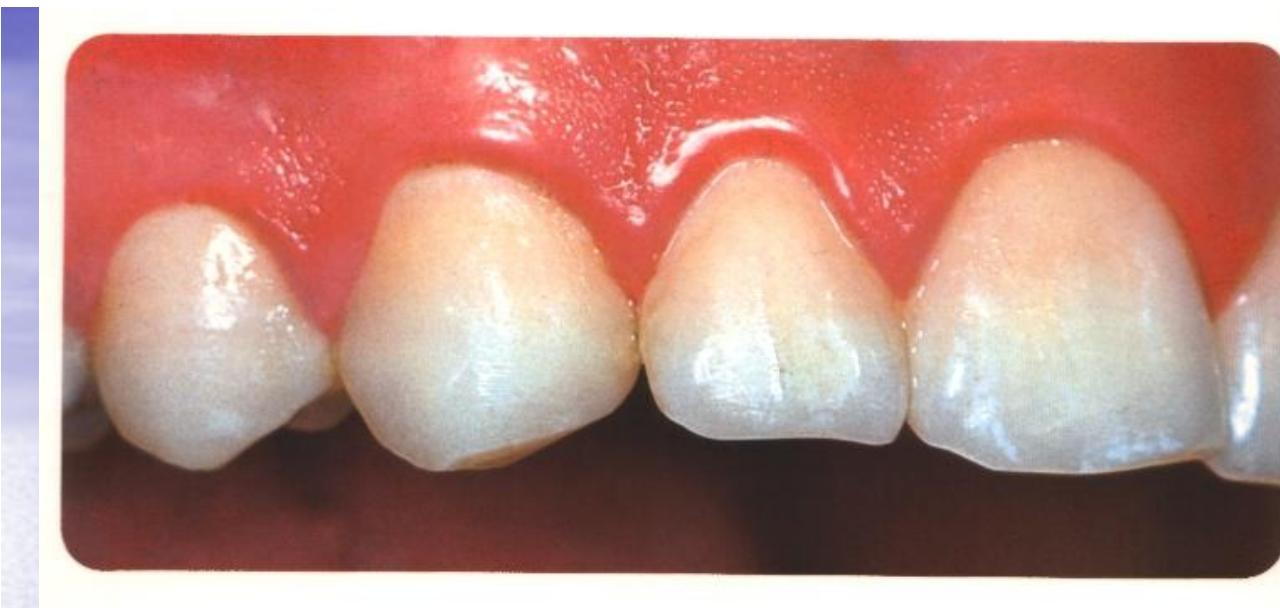
**BEZ OZLJEĐIVANJA** oralnih tkiva, tehnika mora biti jednostavna.

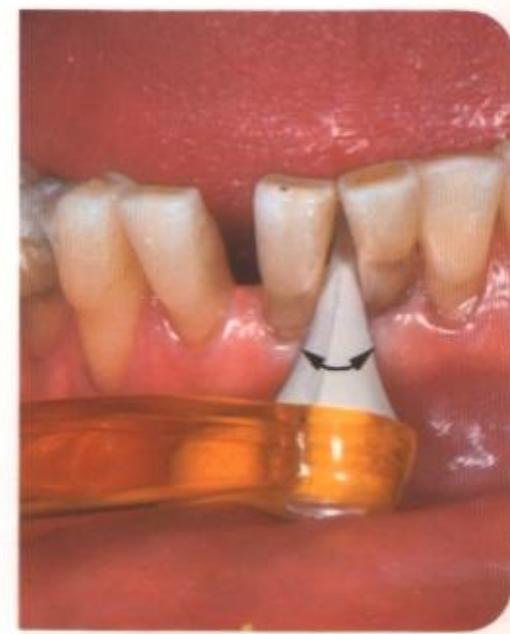
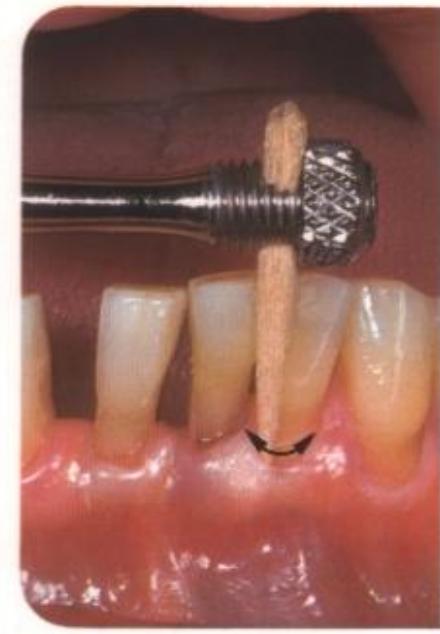
## **METODE ETKANJA ZUBI:**

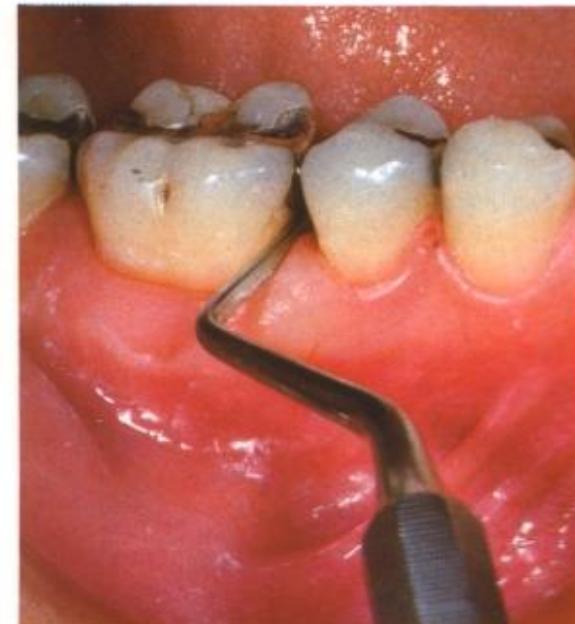
- gottlieb-organ-kurerova metoda
- bassova metoda
- modificirana bassova metoda
- modificirana stilmanova tehnika



BY JIM DAVIS







## OSTALA SREDSTVA ZA MEHANIČKO ODRŽAVANJE ORALNE HIGIJENE

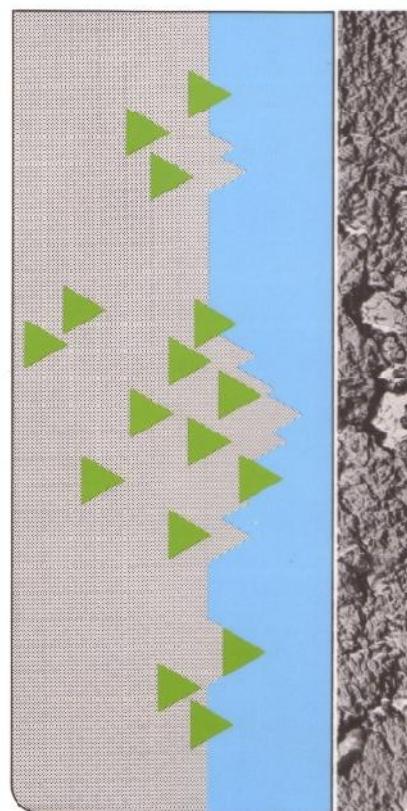
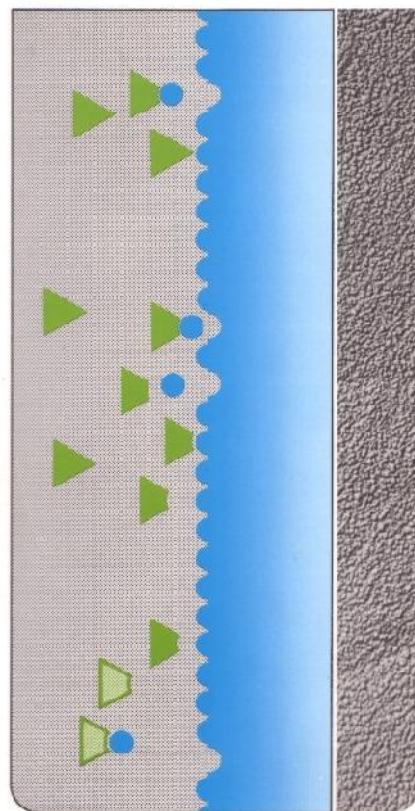
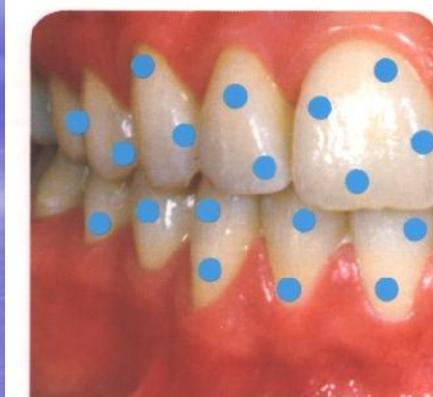


- a kalice za zube
- interdentalni stimulatori
- etkica za interdentalne prostore
- trake za iščenje zuba
- svileni konac

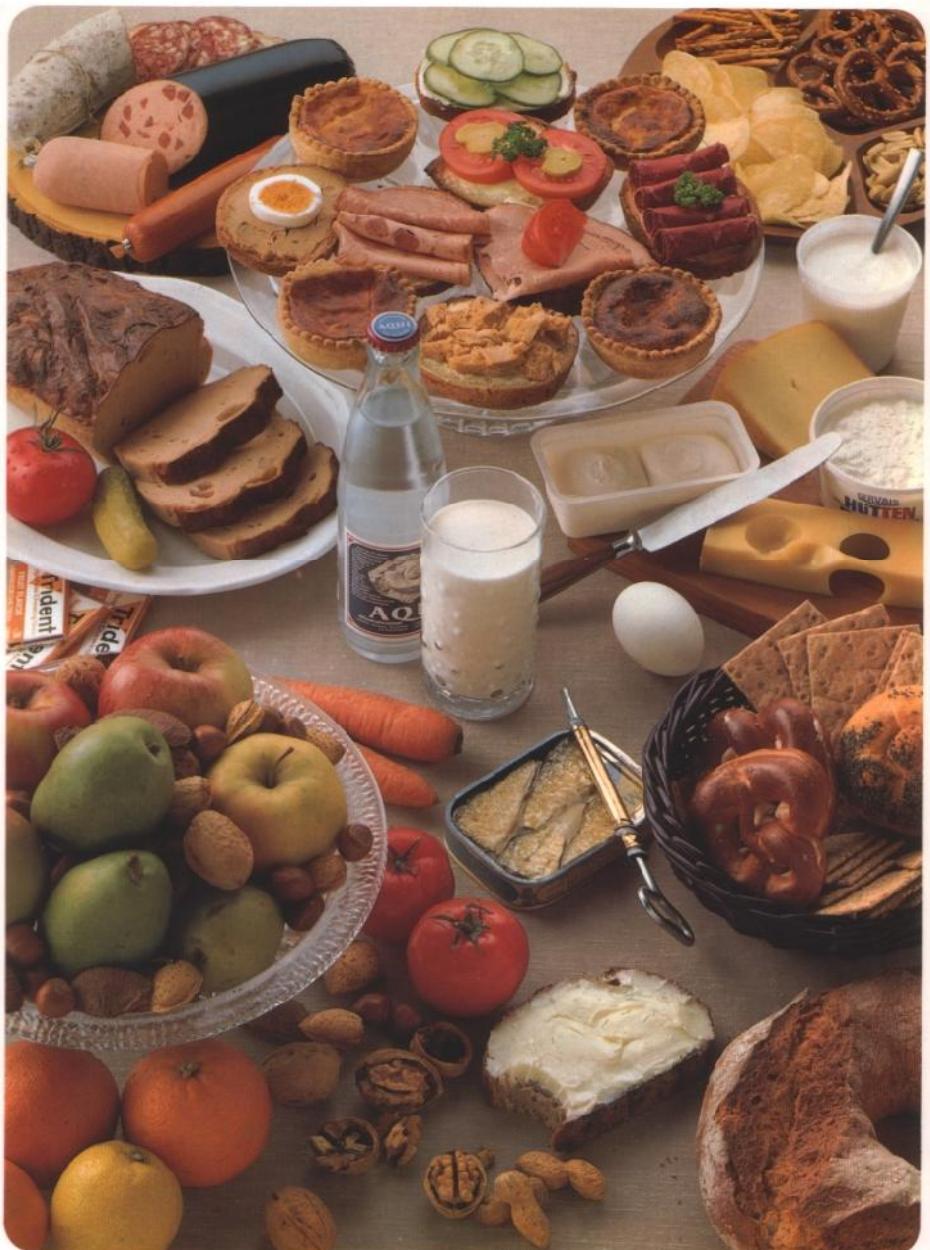


# ODRŽAVANJE ORALNE HIGIJENE POMOĆU KEMIJSKIH SREDSTAVA

- fluor

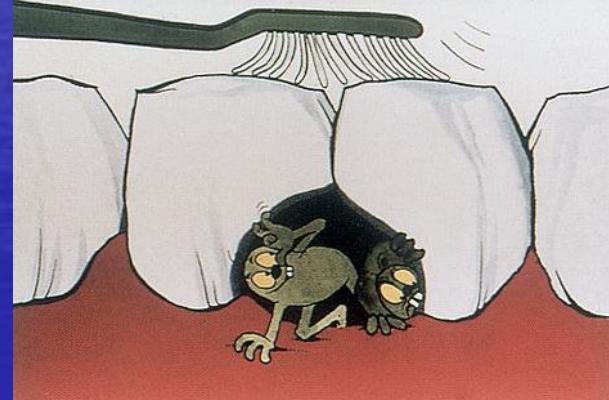


## 4 – NEPRAVILNA I PRAVILNA PREHRANA



# Prehrana ovjeka (ali i bakterije jedu isto)

- Masti
- Ugljikohidrati
- Bjelan evine
- Vitaminii
- Minerali





Postaje veče stvar  
kojima se  
ne treba baciati



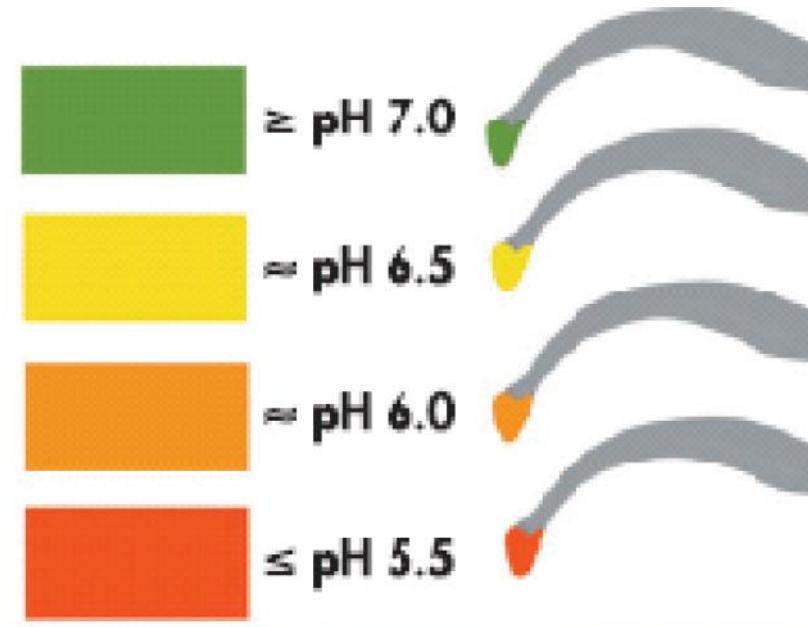
- Lysozyme
- Lactoferrin
- Peroxidaza sustav sline
- Myeloperoxidaza sustav sline
- Aglutenini
- Glycoproteini iz parotidne sline
- Mucini
- Sekretorni imunoglobulin A
- Beta<sub>2</sub>-mikroglobulini
- Imunoglobulini G
- Imunoglobulini M
- Fibronektin
- Histidinom bogati proteini (histatins)
- Prolinom bogati proteini



## Obrana!!

Sastojci sline koji utje u na pojedina ni rizik za nastanak karijesa i parodontnih oboljenja



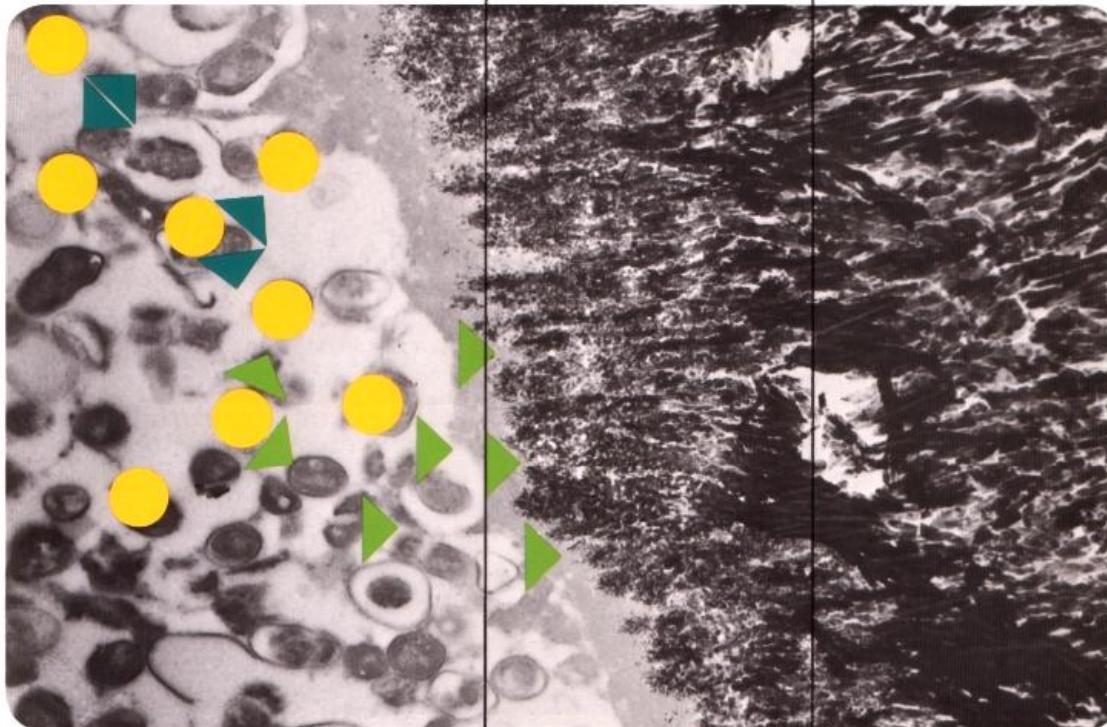


## **SEKUNDARNA PREVENCIJA...**

**...obuhva a lije enje po etne upale gingive, kako bi se sprije ilo njeni širenje i napredovanje u ostale dijelove parodonta.**

**To je ustvari lije enje gingivitisa i po etnih oblika parodontopatija.**

Bakterien in Plaque-Grundsubstanz      Zahnschmelz in Auflösung      Zahnschmelz intakt



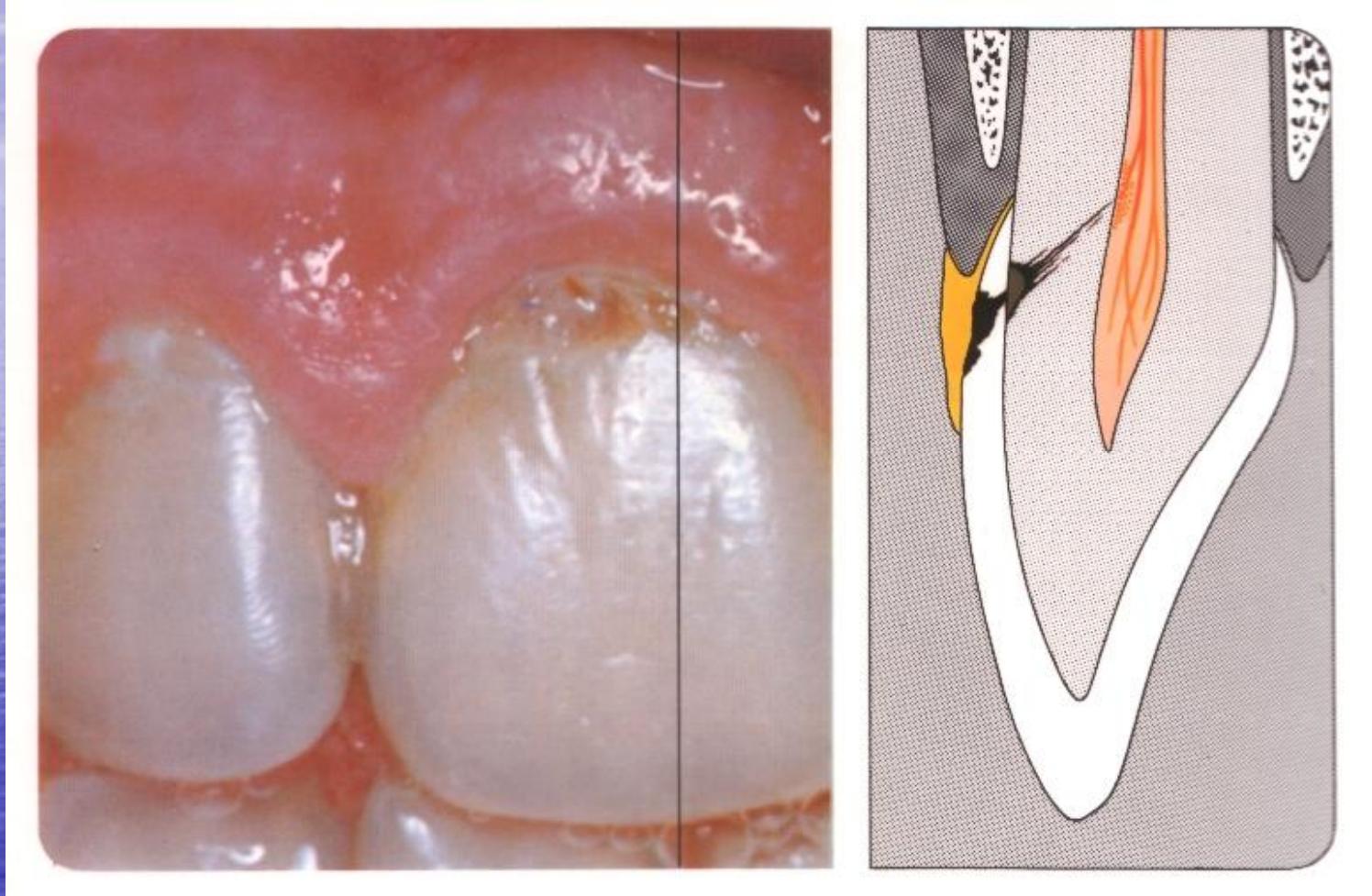
Bakterien      Zucker

Säurebildung

Säureangriff

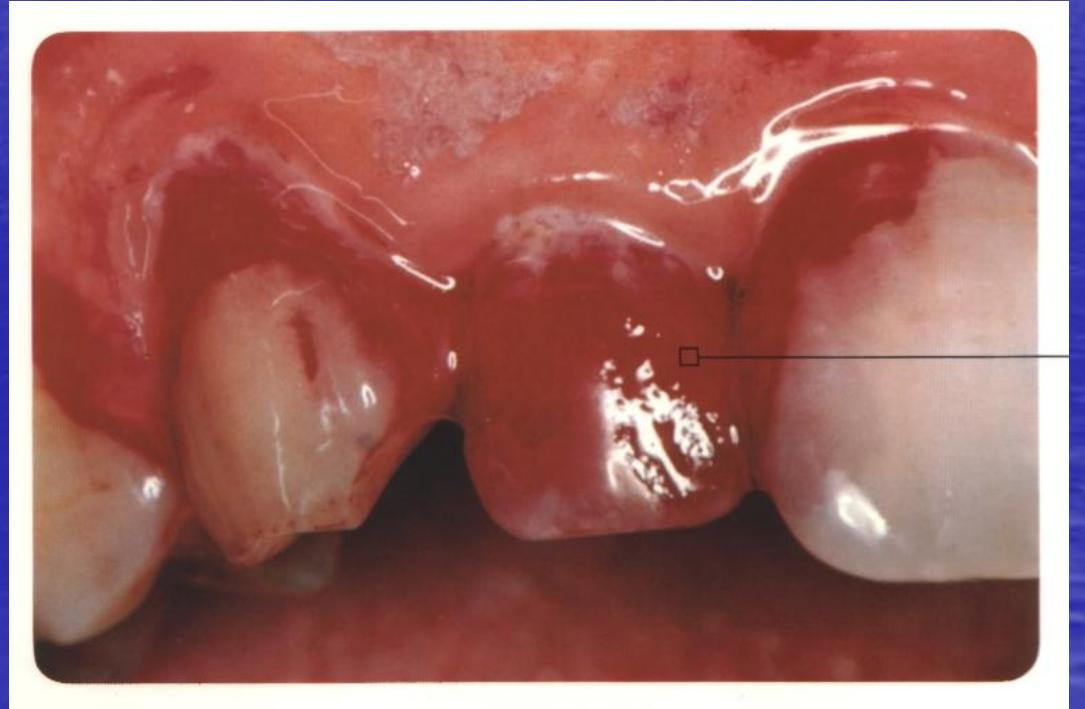
BAKTERIE

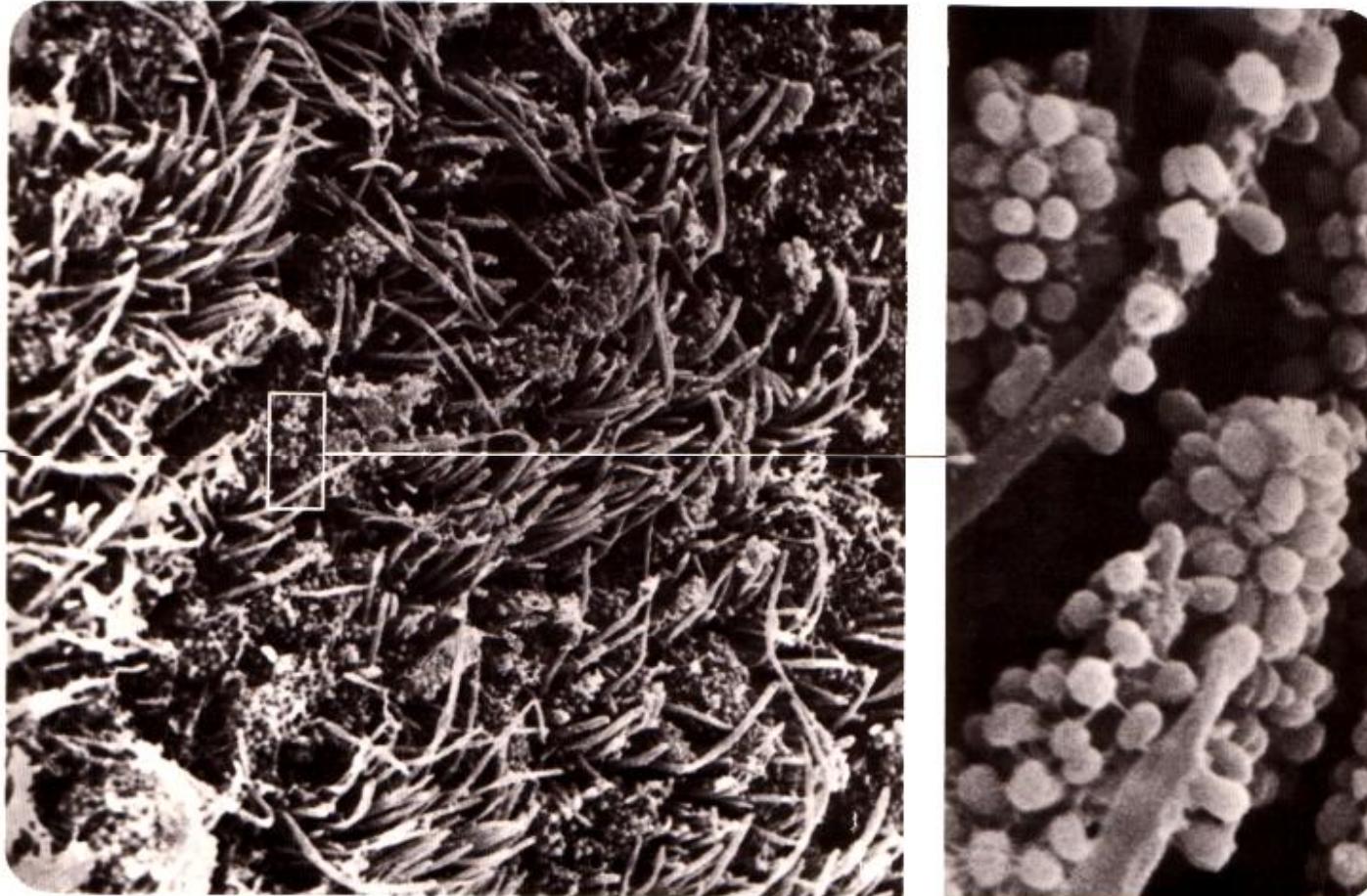
# KARIJES



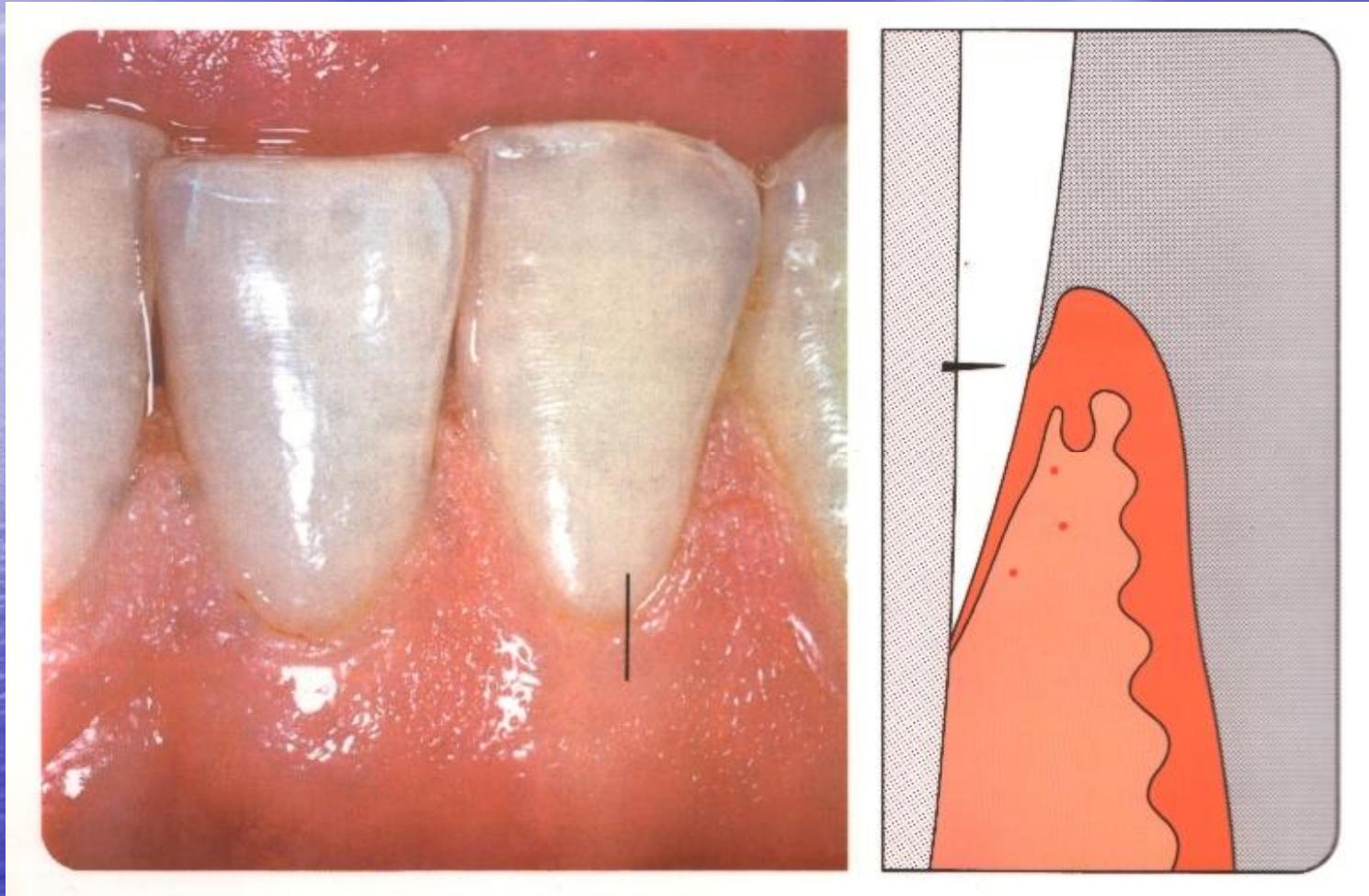


DENTALNI PLAK





# GINGIVITIS



## **TERCIJARNA PREVENCIJA**

**Tercijarne mjere prevencije primjenjuju se na bolesnicima oboljelim od parodontopatije.**

**To je ustvari terapijski tretman kojim se želi očuvati neoštećeni dio parodonta i spriječiti napredovanje bolesti.**

**Terapijski tretman u tri faze:**

1. djelovanje na lokalne i opštine etiološke agense koji su izazvali parodontna oštećenja
2. djelovanje na nastale simptome (parodontne džepove)
3. Čineće mјere koje se poduzimaju da bi se stabilizirali postignuti terapijski rezultati i spriječiti recidivi

## SIMPTOM BOLESTI



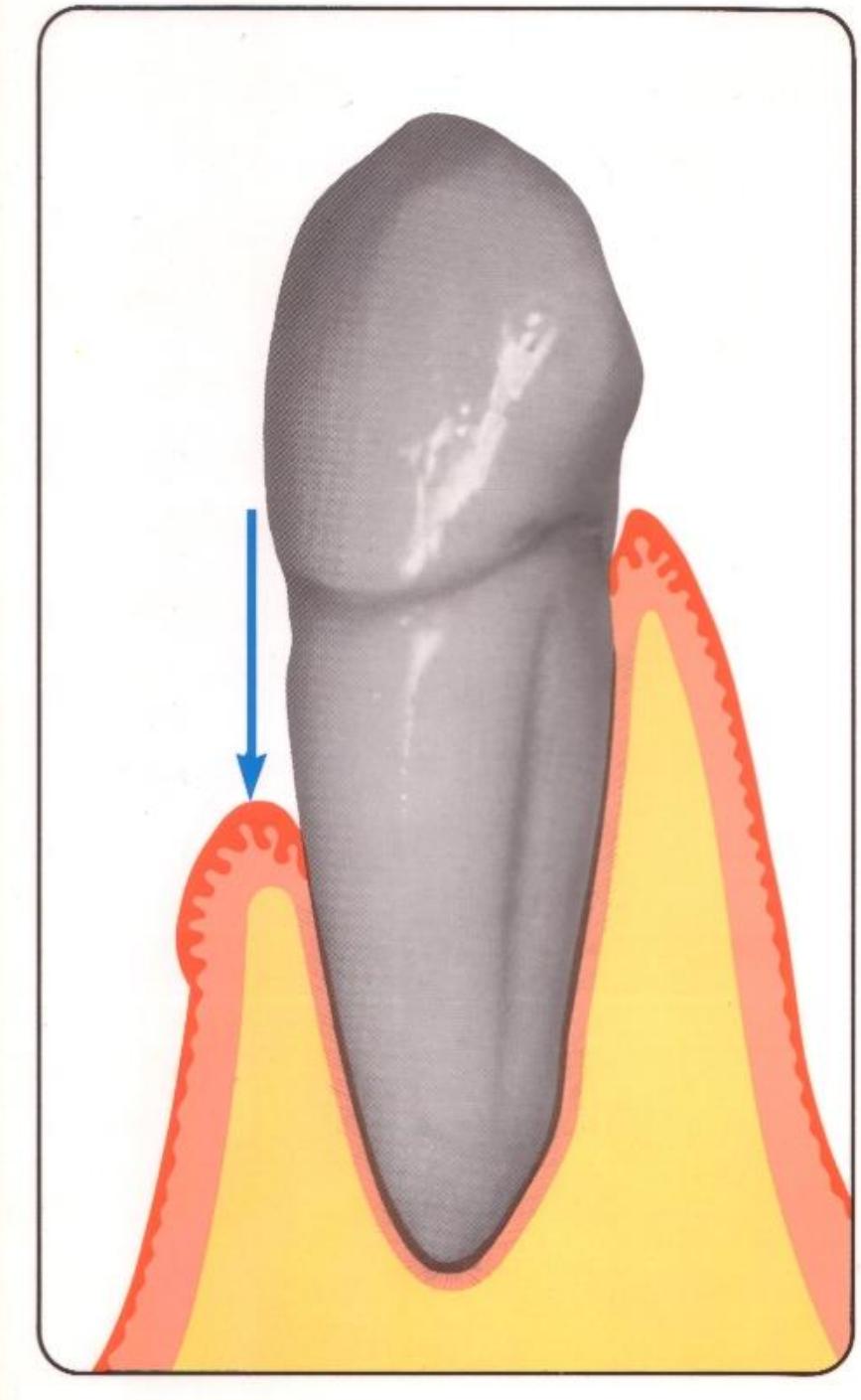
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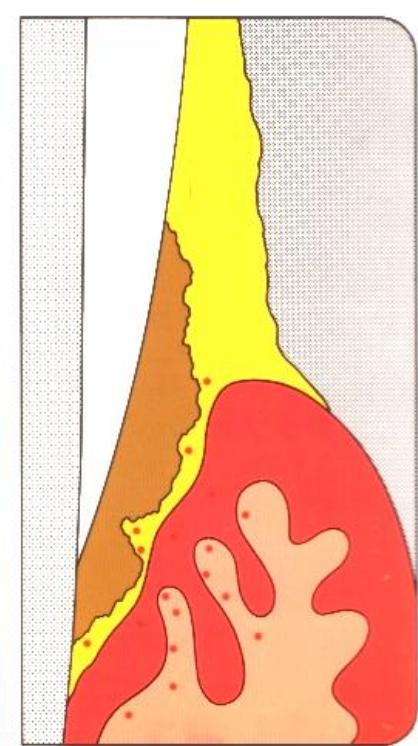
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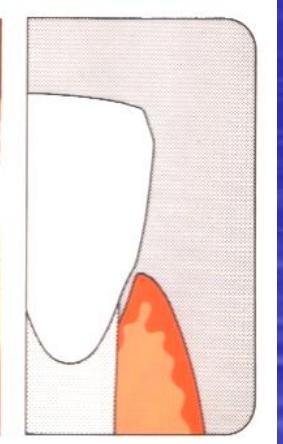
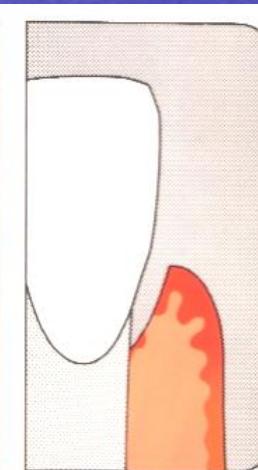
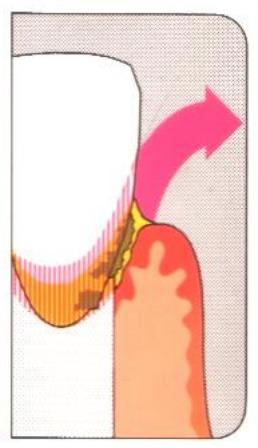




DENTALNI PLAK

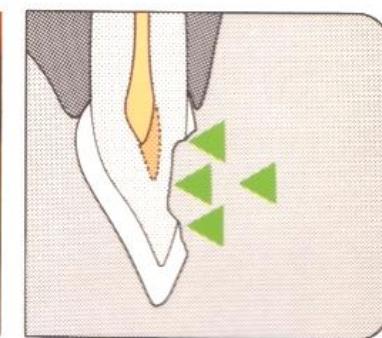
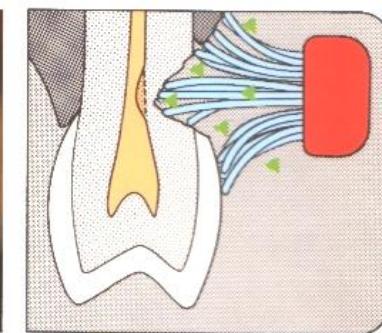
GINGIVITIS







## PATOLOŠKI PROCESI







**BU ENJE !!!!**





**juric@sfzg.hr**



**+385/1/4802-102**

